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| **Projected times for Participants and Road Closures 2023 BCHM** |  |  |  |  |
|  |  |  |  |  |
| **Location** | **Distance** | **First Runner** | **Last Runner** | **Road Closure** |
| Ormeau Embankment | **Start** | 9am | 9am | 6am - 2.30pm |
| Ormeau Park | **1 mile** | 9.05am | 9.14am | N/A |
| Ormeau Road (Upper) | **2 mile** | 9.10am | 9.28am | 6am - 10.30am |
| Ravenhill Road | **3 mile** | 9.15am | 9.42am | 6am - 10.30am |
| Ravenhill Road (Lower) | **4 mile** | 9.20am | 9.56am | 6am - 10.30am |
| Newtownards Road | **5 mile** | 9.25am | 10.10am | 4am - 11am |
| Sydenham Greenway | **6 mile** | 9.30am | 10.24am | N/A |
| Sam Thompson Bridge | **7 mile** | 9.35am | 10.38am | N/A |
| Sydenham Road | **8 mile** | 9.40am | 10.52am | 4am - 12noon |
| Donegall Square North | **9 mile** | 9.45am | 11.06am | 4am - 1pm |
| Falls Road | **10 mile** | 9.50am | 11.20am | 4am - 2pm |
| Grosvenor Road | **11 mile** | 9.55am | 11.34am | 4am - 2pm |
| University Street | **12 mile** | 10am | 11.48am | 4am - 2.30pm |
| Ormeau Park | **13 mile** | 10.05am | 12.02pm | 6am - 2.30pm |
| Ormeau Park (Ozone Centre) | **Finish** | 10.06am | 12.16pm | 6am - 2.30pm |